

EXHORTATIONS FROM THE FATHER

["Reflections" Of The Father's Heart]

September 27th

* Fasting *[in obedience to My Spirit]* has many benefits *[spirit, soul and body]* but one of the main ones is that it keeps one "alert" spiritually speaking - which is very, very important for each and every one of My children both in this hour most critical hour and beyond"....

...."Blow a trumpet in Zion, consecrate a fast, proclaim a solemn assembly".... Joel 2:15 NASB

...."Be of sober *[spirit,]* be on the alert. Your adversary, the devil, prowls around like a roaring lion, seeking someone to devour. But resist him, firm in *[your]* faith".... 1 Peter 5:8-9 NASB

...."Submit therefore to God *[in obedience]*. Resist the devil *[from the position of faith in a revelation of the Father's Word/Will]* and he will flee from you".... James 4:7 NASB