

## MEDITATIONS ON THE TRUE CHRISTIAN LIFE

....*"This book of the law [the Word of God] shall not depart from [always be in] your mouth, but you shall meditate on it day and night, so that you may be careful [take heed] to do according to all that is written in it; for THEN you will make your way prosperous, and THEN you will have success".... Joshua 1:8 NASB*

### January 30th

\* If athletes are willing to subject themselves to strict discipline to obtain a worldly prize or the fame and wealth of this world, how much more should Christians be willing to discipline themselves to win the war and obtain the life of God (zoe)?

....*"Do you not know that in a race all the runners compete, but [only] one receives the prize? So run [your race] that you may lay hold [of the prize] and make it yours. Now every athlete who goes into training conducts himself temperately and restricts himself in all things. They do it to win a wreath that will soon wither, but we [do it to receive a crown of eternal blessedness] that cannot wither. Therefore I do not run uncertainly [without definite aim]. I do not box like one beating the air and striking without an adversary. But [like a boxer] I buffet my body [handle it roughly, discipline it by hardships] and subdue it, for fear that after proclaiming to others the Gospel and things pertaining to it, I myself should become unfit [not stand the test, be unapproved and rejected as a counterfeit]".... 1 Corinthians 9:24-27 The Amplified Translation*