

MEDITATIONS ON THE TRUE CHRISTIAN LIFE

....*"This book of the law [the Word of God] shall not depart from [always be in] your mouth, but you shall meditate on it day and night, so that you may be careful [take heed] to do according to all that is written in it; for THEN you will make your way prosperous, and THEN you will have success".... Joshua 1:8 NASB*

May 1st

* Worry [*anxiety*] is a cycle of inefficient thoughts whirling around a center of fear.

....*"Search me, O God, and know my heart; Try me and know my anxious thoughts; And see if there be any hurtful way in me, and lead me in the everlasting way"..... Psalms 139:22-24 NASB*

....*"Blessed is the man who trusts in the LORD and whose trust is the LORD. For he will be like a tree planted by the water, That extends its roots by a stream and will not fear when the heat comes; But its leaves will be green, and it will not be anxious in a year of drought nor cease to yield fruit".... Jeremiah 17:5-8 NASB*