## MEDITATIONS ON THE TRUE CHRISTIAN LIFE

...."This book of the law [the Word of God] shall not depart from [always be in] your mouth, but you shall meditate on it day and night, so that you may be careful [take heed] to do according to all that is written in it; for THEN you will make your way prosperous, and THEN you will have success".... Joshua 1:8 NASB

## October 7th

\* Introspection and self-consciousness are harmful to spiritual life.

"Introspection" - observation or examination of one's own mental and emotional state, mental processes, etc.; the act of looking within oneself [in this case, apart from the Holy Spirit].

...."let us run with endurance the race that is set before us, fixing our eyes on Jesus [the Word of God], the author and perfecter of faith".... Hebrews 12:1-2 NASB