## MEDITATIONS ON THE TRUE CHRISTIAN LIFE

...."This book of the law [the Word of God] shall not depart from [always be in] your mouth, but you shall meditate on it day and night, so that you may be careful [take heed] to do according to all that is written in it; for THEN you will make your way prosperous, and THEN you will have success".... Joshua 1:8 NASB

## May 2nd

## Say No To Anxious Thoughts [part 2 of 4]

\* You can't always keep the devil from putting doubt in your mind, but if you refuse to speak it, it will never enter your heart. **The thought of doubt will die unborn unless you speak it.** Once you speak it, you give birth to it. You have taken the thought, and it becomes unbelief. There is a time to speak and a time to be silent. There are times you may have to grit your teeth to keep your mouth shut. When negative thoughts that disagree with God's Word begin to bombard your mind that is not the time to start trying to make a faith confession. When your Word level is low, your faith is low and you will most likely be making the confession out of fear instead of faith. That is a time to either be silent or quoteGod's Word verbatim to nullify fear.