## MEDITATIONS ON THE TRUE CHRISTIAN LIFE

...."This book of the law [the Word of God] shall not depart from [always be in] your mouth, but you shall meditate on it day and night, so that you may be careful [take heed] to do according to all that is written in it; for THEN you will make your way prosperous, and THEN you will have success".... Joshua 1:8 NASB

## **December 29th**

## THE NORMALCY OF THE REGENERATED HUMAN SPIRIT

[pt. 9 of 16]

## A Joyful Spirit

\* ...."My spirit rejoices in God My Saviour".... Luke 1:47

Towards themselves a Christian should have a broken *[contrite]* spirit *[Psalm 51:17]* but towards God it should be one of rejoicing always in Him. The Christian rejoices not for their own sake nor because of any joyful experience, work, blessing or circumstance, but exclusively because God is their center. Indeed, no saint can genuinely rejoice out of any cause other than God Himself.

If our spirit is oppressed by worry, weight and sorrow it will commence to be irresponsible, next sink down, then lose its proper place, and finally become powerless to follow the leading of the Holy Spirit. When pressed down by a heavy load the spirit loses its lightness, freedom and brightness. It quickly topples from its ascendent position and should the time of sorrow be prolonged, damage to spiritual life is incalcuable. Nothing can save the situation except to rejoice in the Lord - rejoice in what God is and how He is our Saviour. The note of hallelujah must never be in short supply in the spirit of the believer.