

# EXHORTATIONS FROM THE FATHER

## ["Reflections" Of The Father's Heart]

[February 16th]

\* It is written, "Guard [*watch over*] your spirit [*heart*] with ALL diligence - meaning that one should do, on a continual basis, whatever is necessary for them to keep their "inner man" in ascendancy over their soul and body. **XXXXX**

*...."Watch over your heart [inner man, spirit] with ALL diligence, for from it flow the springs of life. Put away from you a deceitful mouth and put devious speech far from you".... Proverbs 4:23-24 NASB*