

# MEDITATIONS ON THE TRUE CHRISTIAN LIFE

....*"This book of the law [the Word of God] shall not depart from [always be in] your mouth, but you shall meditate on it day and night, so that you may be careful [take heed] to do according to all that is written in it; for THEN you will make your way prosperous, and THEN you will have success".... Joshua 1:8 NASB*

**January 2nd**

## THE NORMALCY OF THE REGENERATED HUMAN SPIRIT

**[pt. 13 of 16]**

### A Holy Spirit

\* ....*"to be holy in body and spirit".... 1 Corinthians 7:34*

....*"let us cleanse ourselves from every defilement of body and spirit".... 2 Corinthians 7:1*

For anyone to walk in a spiritual manner it will be necessary for them to keep their spirit [*inner man*] holy at all times. An unholy spirit leads people into error. Inordinate thought towards men or things, assessing the evil of others, a lack of love, loquacity [*talkativeness*], sharp criticism, self-righteousness, refusing entreaty, jealousy, self-pride, and so forth - all these can defile the spirit. An unholy spirit cannot be fresh and new.

In our pursuit of spiritual life we must not overlook any sin, because sin inflicts more harm upon us than does anything else. Even though we already have learned how to be delivered from sin and how to walk by the spirit, we nevertheless must guard against unknowingly returning to the old sinful ways. For such a return renders a walk after the spirit utterly impossible. The child of God therefore needs to maintain an attitude of death towards sin lest it overcome them and poison their spirit. "Without holiness no one can see the Lord" [*Hebrews 12:14*].