

MEDITATIONS ON THE TRUE CHRISTIAN LIFE

.... "This book of the law [the Word of God] shall not depart from [always be in] your mouth, but you shall meditate on it day and night, so that you may be careful [take heed] to do according to all that is written in it; for THEN you will make your way prosperous, and THEN you will have success".... Joshua 1:8 NASB

September 1st

GO FROM SICKNESS TO HEALTH

[part 1 of 5]

.... "My son, give attention to my words; Incline your ear to my sayings. Do not let them depart from your sight; Keep them in the midst of your heart [spirit, inner man]. For they are life to those who find them and health to all their body. Watch over your heart [spirit, inner man] with all diligence, for from it flow the springs of life [the forces of the Kingdom {Grace, Faith, Love, Truth, Righteousness and Wisdom etc.}]; Put away from you a deceitful mouth and put devious speech far from you".... Proverbs 4:20-24 NASB

This passage of Scripture reveals God's prescription for life and health. It contains instructions that, if properly followed, can literally change your life and your physical condition from sickness to health. So, let's look closely at what God is saying.

1. Attend to My Words

"My son, give attention to My Words...." That means you must give your undivided attention to God's Word and pay heed to what He says. When you attend to something, you give your attention to it. Give your time to the Word. Give thought and meditation to the Word. Give action to the Word. Continually give the Word first place in your life.

Isaiah 26:3 says, "You will keep him in perfect peace, whose mind is stayed on You, because he trusts in You." Your mind will be free from doubt when you keep your attention on God's Word.

When you are trusting in His Word, you are trusting in Him. God's Word

will keep you in perfect peace.