

# MEDITATIONS ON THE TRUE CHRISTIAN LIFE

....*"This book of the law [the Word of God] shall not depart from [always be in] your mouth, but you shall meditate on it day and night, so that you may be careful [take heed] to do according to all that is written in it; for THEN you will make your way prosperous, and THEN you will have success".... Joshua 1:8 NASB*

**September 4th**

## GO FROM SICKNESS TO HEALTH

**[part 4 of 5]**

....*"My son, give attention to my words; Incline your ear to my sayings. Do not let them depart from your sight; Keep them in the midst of your heart [spirit, inner man]. For they are life to those who find them and health to all their body. Watch over your heart [spirit, inner man] with all diligence, for from it flow the springs of life [the forces of the Kingdom {Grace, Faith, Love, Truth, Righteousness and Wisdom etc.}]; Put away from you a deceitful mouth and put devious speech far from you".... Proverbs 4:20-24 NASB*

### **4. Keep Them in the Midst of Thine Heart**

Allow God's words to abide in you. "Keep them in the midst of thine heart" by meditating on the Scriptures and acting on what you hear. The portion of God's Word you act on is the portion of His Word that is living in you. Continually feed yourself with God's Word in order to keep the Word producing the force of faith.

Inclining your ear and refusing to allow the Word to depart from your eyes keeps God's Word alive in your heart. Proverbs 4 says,

"for they are life to those who find them, And health to all their flesh."

The Word is God's medicine. Jesus said, "the words that I speak to you are spirit, and they are life." (John 6:63 NKJV).

Attending to the Word with your ears, your eyes and your heart will cause you to live in divine health. It will become as hard for you to get sick as it once was for you to be healed! The power of the Word will be made life and health to

your body continually.

So “Keep your heart with all diligence, for out of it spring the issues of life.” (Proverbs 4:23). The forces (issues) of life come from the midst of your heart. The Word in your heart produces life and health in your body.