

MEDITATIONS ON THE TRUE CHRISTIAN LIFE

...."This book of the law [the Word of God] shall not depart from [always be in] your mouth, but you shall meditate on it day and night, so that you may be careful [take heed] to do according to all that is written in it; for THEN you will make your way prosperous, and THEN you will have success".... Joshua 1:8 NASB

September 15th

A WORRY FREE LIFE

[part 1 of 9]

...."Be anxious for nothing".... Philippians 4:6a NASB

* Have you ever had a moment when anxiety tried to creep up on you and seize your heart? I'm talking about those times when you are thrown into a state of panic about things that concern you? such as your family, your friendships, your business, or your finances.

Very often this state of panic is caused by the mere thought of a problem that doesn't even exist and is unlikely ever to come to pass ? but jjust the idea of this problem troubles you deeply. Soon you find yourself sinking into such a strong state of worry and anxiety that it literally takes you hostage emotionally!

Some people are so controlled by worry that they pray "worry" prayers instead of faith prayers. Have you ever had one of those times? Praying fretful prayers doesn't get you anything - it is non-productive praying. And God does not respond to fretfulness; He responds to.