## **MEDITATIONS ON THE TRUE CHRISTIAN LIFE**

...."This book of the law [the Word of God] shall not depart from [always be in] your mouth, but you shall meditate on it day and night, so that you may be careful [take heed] to do according to all that is written in it; for THEN you will make your way prosperous, and THEN you will have success".... Joshua 1:8 NASB

## September 23rd

## **A WORRY FREE LIFE**

## [part 9 of 9]

...."Be anxious for nothing, but in everything by prayer [proclamation] and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all comprehension, will guard your hearts and your minds in Christ Jesus. Finally, brethren, whatever is true, whatever is honorable, whatever is right, whatever is pure, whatever is lovely, whatever is of good repute, if there is any excellence and if anything worthy of praise, dwell on these things".... Philippians 4:6-8 NASB

\* As a final, fifth point, Paul says,

...."Let your requests be made known unto God."

The word "known" comes from the word "gnoridzo", and it means to make a thing known; to declare something; to broadcast something; or to make something very evident. This plainly means that your asking can be extremely bold! Declare to God what you need; broadcast it so loudly that all of Heaven hears you when you pray. You can be exceptionally bold when you come before Jesus to make your requests known!

An expanded, interpretive translation of Philippians 4:6 could be rendered:

...."Don't worry about anything ? and that means nothing at all! Instead, come before God and give Him the things that concern you so He can in exchange give you what you need or desire. Be bold to strongly, passionately, and fervently make your request known to God, making certain that an equal measure of thanksgiving goes along with your strong asking. You have every right to ask boldly, so go ahead and insist that God meet your need. When you pray, be so bold that there is no doubt your prayer was heard. Broadcast it! Declare it! Pray boldly until you have the assurance that God has heard your request!"....

So in moments when worry or fear is trying to wrap its life-draining tentacles around you, obey the steps in Philippians 4:6. You don't have to live subject to worry, concerns, and fears the rest of your life. If you follow these steps, worry and fear will always be replaced with a peaceful and praising heart!