

MEDITATIONS ON THE TRUE CHRISTIAN LIFE

....*"This book of the law [the Word of God] shall not depart from [always be in] your mouth, but you shall meditate on it day and night, so that you may be careful [take heed] to do according to all that is written in it; for THEN you will make your way prosperous, and THEN you will have success".... Joshua 1:8 NASB*

March 3rd

MAINTAIN PRAISE AND MASTER YOUR FEARS

* Living by God's "Pro-Praise—Anti-Fear Principles" produces an abundance of peace, joy, contentment, and prevailing power!

Pro-Praise Principles

SACRIFICING PRAISE: "By [Jesus] therefore let us offer the sacrifice of praise to God continually, that is, the fruit of our lips giving thanks to his name" (Hebrews 13:15).

REJOICING PRAISE: "Rejoice in the Lord always: and again I say, Rejoice" (Philippians 4.4).

EVERYDAY PRAISE: "This is the day which the Lord hath made; we will rejoice and be glad in it" (Psalm 118:24).

RESCUING PRAISE: "When [Jehoshaphat] had consulted with the [Judeans], he appointed singers unto the Lord, and that should praise the beauty of holiness, as they went out before the army, and to say, Praise the Lord; for his mercy endureth for ever. And when they began to sing and to praise, the Lord set ambushments against the children... which were come against Judah; and they were smitten... and none escaped" (2 Chronicles 20:21–22, 24).

CONTINUAL PRAISE: "I will bless the Lord at all times: his praise shall continually be in my mouth" (Psalm 34:1).

OMNIPRESENT PRAISE: "Thou art holy, O thou that inhabitest the praises of Israel" (Psalm 22:3).

ALL-EMBRACING PRAISE: "Let every thing that hath breath praise the Lord. Praise ye the Lord" (Psalm 150:6).

Very often throughout each day, I shall whole-heartedly proclaim this God-pleasing phrase of praise: "Praise the Lord!"

Anti-Fear Principles

DEFINING FEAR: "God hath not given us the spirit of fear; but of power, and of love, and of a sound mind" (2 Timothy 1:7).

OVERCOMING HELPLESSNESS: "We may boldly say, The Lord is my helper, and I will not fear what man shall do unto me" (Hebrews 13:6).

DEFEATING DEPRESSION: “Fear thou not; for I am with thee: be not dismayed; for I am thy God: I will strengthen thee; yea, I will help thee; yea, I will uphold thee with the right hand of my righteousness” (Isaiah 41:10).

CONQUERING COWARDICE: “The fear of man bringeth a snare: but whoso putteth his trust in the Lord shall be safe” (Proverbs 29:25).

SPIRIT OF BONDAGE: “Ye have not received the spirit of bondage again to fear; but ye have received the Spirit of adoption, whereby we cry, Abba, Father” (Romans 8:15).

TORMENT OF FEAR: “There is no fear in love; but perfect love casteth out fear: because fear hath torment. He that feareth is not made perfect in love” (1 John 4:18).

DAILY DELIVERANCE FROM FEAR: “I sought the Lord, and he heard me, and delivered me from all my fears” (Psalm 34:4).

Very often throughout each day, I shall wholeheartedly proclaim this formula for freedom from fear: “Fear has no part in my heart!”