

MEDITATIONS ON THE TRUE CHRISTIAN LIFE

....*"This book of the law [the Word of God] shall not depart from [always be in] your mouth, but you shall meditate on it day and night, so that you may be careful [take heed] to do according to all that is written in it; for THEN you will make your way prosperous, and THEN you will have success"....*
Joshua 1:8 NASB

April 2nd

CULTIVATING OUR OWN SPIRITS

[part 4 of 6]

The Value of Right Meditation

* The most deeply spiritual men and women that I know are people who have given much time to meditation. You cannot develop spiritual wisdom without meditation. God told Joshua this fact at the very beginning of his ministry after the death of Moses.

Joshua 1:8:

"This book of the law shall not depart out of thy mouth, but thou shalt meditate thereon day and night, that thou mayest observe to do according to all that is written therein; for then thou shalt make thy way prosperous, and then thou shalt have good success." (or you will be able to deal wisely in the things of life).

Take time to meditate in the Word. Shut yourself in alone with your own spirit where the clamor of the world is shut out. If you are ambitious to do something worth while, I would suggest that you take ten or fifteen minutes daily for meditation. Learn to do it.

In other words, begin the development of your own spirit. You have gone to school, or you are going to school, for the development of your intellect. Some of you are taking physical culture for the development of your muscles. If you will take time you can develop your memory.

A man told me of one the other day who had developed his memory until, riding from Seattle to Chicago, he could remember the license of every car that he made an attempt to remember. He could not only remember things like that, but he

could remember everything else connected with the trip. An Indian friend told us one night that there was a time when the Indian could commit to memory the entire New Testament. He would sit and listen to the white man read it through three or four times, and he had it committed to memory.